



Prepared for: Stockbridge Community Schools

Plan Year: 2023-2024





OUR EMPLOYEES ARE OUR MOST VALUABLE ASSET.

Stockbridge Community Schools is committed to offering a comprehensive employee benefits program that helps our employees stay healthy, feel secure and maintain a work-life balance.

STAY HEALTHY

- Medical, dental and vision care
- Flexible spending accounts

FEELING SECURE

- Disability insurance
- MPSERS/403(b)/457 plan
- Life and accidental death & dismemberment (AD&D) insurance
- Identity theft program

WORK-LIFE BALANCE

• Employee assistance program



CONTACT INFORMATION FOR BENEFIT VENDORS

Health Insurance	4
Provider name: Blue Cross Blue Shield of Michigan	
Provider contact person: Customer Service	
Provider phone number: 800-972-9797	
Provider website: <u>www.bcbsm.com</u>	
Provider name: EHIM	
Provider contact person: Customer Service	
Provider phone number: 800-311-3446	
Provider website: <u>www.ehimrx.com</u>	
Dental Insurance	
Provider name: ADN Administrators	
Provider contact person: Customer Service	
Provider phone number: 248-901-3705	
Provider website: <u>www.adndental.com</u>	
Vision Insurance	22
Provider name: ADN Administrators	
Provider contact person: Customer Service	
Provider phone number: 248-901-3705	
Long-term Disability Insurance	27
Provider name: Madison National Life Insurance Company	
Provider contact person: Nicole Miller (NIS) Insurance Consultant	
Provider phone number: 800-627-3660	
Provider website: <u>www.nisbenefits.com</u>	
Life and AD&D Insurance	28
Provider name: Madison National Life Insurance Company	
Provider contact person: Nicole Miller (NIS) Insurance Consultant	
Provider phone number: 800-627-3660	
Provider website: <u>www.nisbenefits.com</u>	
Flexible Spending Account	29
Provider name: American Fidelity	
Provider phone number: 800-662-1113	
Provider website: https://americanfidelity.com/support/hcfsa	
Employee Assistance Program	30
Provider name: TELUS	
Provider contact person: Customer Service	
Provider phone number: 866-451-5465 (EAP) or 866-472-2734 (Claimant Assist)	
Provider website: <u>www.niseap.com</u>	
General Member Assistance	
Provider name: National Insurance Services	
Provider contact person: Nicole Miller (NIS) Insurance Consultant	
Provider phone number: 800-627-3660	
Provider website: www.nishenefits.com	

BENEFITS SUMMARY _________3



HEALTH INSURANCE

WHO IS ELIGIBLE AND WHEN:

Superintendent, Administrators, Supervisors, Admin Office Support, Teachers, Secretaries, Custodians, and 30 hour eligible ACA employees

BENEFITS YOU RECEIVE:

See attached Benefit Summary

EMPLOYEE PAYS:

Refer to your employment contract or bargained agreement

EMPLOYER PAYS:

Refer to your employment contract or bargained agreement

	Stockbridge	Community Schools 10-1-2023 to 9-30-2024
	Medical/Rx - Plan Highlights	
Partial listing of covered		\$100 Deductible HRA - BCBSM/EHIM
services Deductible and Out-of-Pocket	In Network	Out of Network
Annual Deductible	\$100 per person \$200 per family	\$10,000 per person \$20,000 per family
Annual medical out-of-pocket	\$100 per person	\$12,700 per person
maximum Annual Rx out-of-pocket	\$200 per family \$800 per person	\$25,400 per family Member could pay more due to U&C restrictions
maximum Preventive Healthcare	\$1,600 per family	Member could pay more due to occe restrictions
Annual physical Immunizations and Prenatal		
Postnatal, family planning &		
screenings	you pay nothing	Most preventative services not covered. Mammography and Colonoscopy covered at 40% member cost-
	you pay noming	share. See benefit summary or contact BCBSM for more details.
Preventative Care Drugs		
0.00 ***		
Office Visits Illness or injury		
Physical, occupational therapy,		
speech therapy		
Chiropractic care	\$20 Co-pay	you pay 40% after deductible
Mental / Chemical health care		
Retail Clinic		
Emergency Care		
Care at an urgent care clinic or medical center	\$40 Co-pay	you pay 40% after deductible
Emergency care at a hospital	\$250 Co-pay	\$250 Co-pay
ER Inpatient Hospital Care		
Illness or injury	you pay nothing after deductible	you pay 40% after deductible
Mental / Chemical health care Outpatient Care		
Scheduled outpatient		
procedures	you pay nothing after deductible	you pay 40% after deductible
MRI/CT Durable Medical Equipment		
(DME)	\$1,684 limit per ear for hearing aid, plus	
Hearing Aids	\$250 for other services	000 0 11 211
DME & prosthetic devices Pharmacy Highlights	you pay nothing after deductible	you pay 20% after deductible
Partial listing of covered service	S	
		Retail Pharmacy
	610	\$10 copay (member must pay in advance and then submit for reimbursement at usual and customary).
Generic preferred	\$10 copay	Member may not be fully reimbursed based on Usual & Customary.
	***	\$40 copay (member must pay in advance and then submit for reimbursement at usual and customary).
Brand preferred	\$40 copay	Member may not be fully reimbursed based on Usual & Customary.
		\$80 copay (member must pay in advance and then submit for reimbursement at usual and customary).
Non-preferred	\$80 copay	Member must pay in advance and then submit for reimbursement at usual and customary). Member may not be fully reimbursed based on Usual & Customary.
The second secon		77 H G 1 W
Generic preferred	\$20 conav	Mail Order Pharmacy (up to a 90-day supply)
Generic preferred Brand preferred	\$20 copay \$80 copay	Mail Order Pharmacy (up to a 90-day supply) Not covered



Special Medical Reimbursement Plan PROCESS



In a rare instance where the provider will not bill BCBS for covered services, get an itemized receipt and submit it to EHIM. EHIM will assist you in filing your claims with BCBS. If you receive a bill before you receive a Simplified Benefit Summary from EHIM please call EHIM for assistance.

QUESTIONS? Contact the EHIM Medical Claims Department.

26711 Northwestern Hwy., #400 Southfield, MI 48033 Telephone: 248-948-9900 | Fax: 248-945-4887



Stockbridge Community Schools Community Blue PPO Plan Explanation of Special Medical Reimbursement Benefits

Your Current Benefits

You are enrolled in a Preferred Provider Organization (PPO) Plan with benefits being paid by two parties, Blue Cross Blue Shield of Michigan (BCBSM) and your employer. Your underlying purchased program through Blue Cross includes deductible, coinsurance and flat dollar copayments as well as an out-of-pocket maximum.

Your employer will be sharing in a portion of service that BCBSM applies to your deductible and coinsurance as outlined in the chart below:

IN-NETWORK BENEFITS

SINGLE COVERAGE

Employee responsible for	\$100.00
Employer pays the remaining	\$4,900.00
Annual Coinsurance	\$6,750.00
Employee pays	\$0.00
Employer pays entire 20%	\$1,350.00
Employee out-of-pocket expense	\$100.00

TWO PERSON OR FAMILY COVERAGE

Employee responsible for

Employee responsible for	Ψ200.00
Employer pays the remaining	\$9,800.00
Annual Coinsurance	\$13,500.00
Employee pays	\$0.00
Employer pays entire 20%	\$2,700.00
Employee out-of-pocket expense	\$200.00

Fixed Dollar Copayments

(for single, two person, and family coverage)

Fixed Office Visit	\$40.00
& Chiropractic Care Copay	
Employee pays	\$20.00
Employer pays	\$20.00

Fixed Emergency Room Copay	\$250.00
Employee pays	\$250.00
Employer pays	\$0.00

Urgent Care Copay	\$40.00
Employee pays	\$40.00
Employer pays	\$0.00

OUT-OF-NETWORK BENEFITS

SINGLE COVERAGE

Annual Deductible	\$10,000.00
Employee responsible for entire	\$10,000.00

Annual Coinsurance	\$2,700.00
Employee responsible for entire	\$2,700.00
Employee out-of-pocket expense	\$12,700.00

TWO PERSON OR FAMILY COVERAGE

Annual Deductible	\$20,000.00
Employee responsible for entire	\$20,000.00

Annual Coinsurance	\$5,400.00
Employee responsible for entire	\$5,400.00
Employee out-of-pocket expense	\$25,400.00

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10/01/2023







26711 Northwestern Highway, Suite 400

Southfield, MI 48033-2154

800-311-3446

248-948-9900

www.ehimrx.com

Effective: 10/01/2023

No Changes

- We are pleased to announce that there will be NO changes to your existing pharmacy benefit plan for the upcoming year!
- You can continue to utilize the current ID card that you have.

Summary of Copayments

Copayments are the dollar amount which will be collected at the pharmacy every time you receive a prescription. Generally, your copayment will be lowest for generic prescriptions and highest for medications that are considered Non-Preferred under your plan design. Below highlights your plan's copay levels:

Customer Service

800-311-3446 • 24/7/365

EHIM's primary mission is to provide our members with the best customer service possible. If you are experiencing a problem *filling a retail or mail order prescription*, contact EHIM's Pharmacy Help Desk.

For your convenience, our help desk has a representative available **24 hours a day, 7 days a week, 365 days a year.**

Our toll free number is *printed on the front of your ID* card for easy reference.

EHIM values our clients and we appreciate the opportunity to continue to service our members.

\$10	Copayment on any generic medication
\$40	Copayment on any Preferred Brand Medication
\$80	Copayment on any Non-Preferred Brand Medication
\$80	Copayment on any Multi-Source Brand Medication (Brand Name Drugs that are dispensed when an exact generic is available) The physician will indicate "DAW" or "Dispense as Written" on the prescription.
\$80	Copayment plus the difference in cost between the brand & generic on any Multi-Source Brand Prescription (Brand Name Drugs that are dispensed when an exact generic is available) The <i>patient</i> indicates the brand to be dispensed. DAW penalty does not count towards the OOP Max
\$80	Copayment on all Specialty Medications (Example: Oncology, Multiple Sclerosis, Organ Transplant) Please contact EHIM at 800-311-3446
\$10	Copayment on any medication covered under the EHIM OTC program
Generic \$20 Brand \$80 NP Brand \$160	Standard Copayment for all eligible maintenance medication filled in a three month supply. Brand & Generic eligible maintenance medications can be filled through the Local Retail Pharmacy or through Mail Order in order to obtain them in a 3 month supply.
Single \$800 Family \$1,600	Out of Pocket Maximum: Once a member/contract spends the maximum in pharmacy copays that member/contract will have a \$0 copay on all covered medications for the rest of the plan year. One person in a 2-person/Family contract will be capped at the single amount and the rest of the members under that contract will have to meet the other single max combined.





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Quantity Limits for Certain Medications

Certain medications under your program may be subject to quantity limits. Medications that are subject to quantity limits are to help ensure these medications are not utilized inappropriately or recommended maximum dosages are not exceeded. EHIM's Quantity Limitations are based on FDA-approved dosing recommendations, pharmaceutical quidelines and have been reviewed and approved by our licensed, clinical staff.

Alliance Walgreen's + Prime Mail Order

EHIM offers a mail order program through Alliance Walgreen's + Prime Mail Order which allows you to receive a three month supply (61-90 days maximum) for the plan's designated number of copays. The program includes maintenance medications covered under the Prescription Plan. Prescriptions can be ordered through the Alliance Walgreen's + Prime website (www.walgreens.com/mailorder) or by completing a hard copy prescription order form. You must complete a registration form for Alliance Walgreen's + Prime prior to your prescription being filled. Included in the mail order brochure are step by step instructions on how to fill your first prescription. You may contact EHIM at 800-311-3446 for assistance with registering with Alliance Walgreen's + Prime, or you may contact Alliance Walgreen's + Prime directly at 800-345-1985.

Non-Preferred Drug List

Some medications under this program are classified as "Non-Preferred". This means there are alternative medications which are therapeutically equivalent. If your physician writes for a medication that is part of our Non-Preferred List, you may want to discuss alternative medications that are just as effective.

EHIM Pharmacy Network

EHIM has over 62,000 participating pharmacies across the country including all of the major chain pharmacies, regional pharmacies and most independent pharmacies. You may visit our website at www.ehimrx.com for our National Pharmacy Directory and Pharmacy Locator tool.

EHIM Pharmacy Help Desk

EHIM's Pharmacy Help Desk is available for your convenience 24 hours a day, 7 days per week, 365 days per year. Our toll free number is (800) 311-3446 and will be printed on the back of your ID card and on all of our communication pieces. If you have any questions regarding your benefits or just need help finding a participating pharmacy, please contact our Pharmacy Help Desk. You may also contact our helpdesk through our website at www.ehimrx.com.





OTC Medications available for \$10 COPAY

How to Use the OTC Program:

- 1. If you are currently using a prescription Anti-Ulcer or Allergy medication, talk to your physician about using an Over-the-counter (OTC) treatment.
- 2. If your physician believes an OTC treatment is right for you, ask them to write a prescription for the OTC medication. (OTC must be written on the script)
- 3. Present that prescription to the pharmacist.
- 4. The pharmacist will bill the prescription to EHIM.
- 5. You will receive the OTC product for a \$10 copay!

You can receive certain Over-the-counter (OTC) medications for a **\$10** copay. Your prescription drug program through EHIM provides coverage for certain OTC Anti-Ulcer and Allergy medications. These OTC medications are considered to be therapeutically equivalent to those medications available by prescription only.

To help reduce some of your current out of pocket costs, you may want to consider utilizing a medication available through the OTC program instead of your prescription medication.

Anti-Ulcer (Acid-Reflux) Medications		
If you take: Dexilant	Nexium	You are currently paying: \$80 Copay
If you change to: Axid (nizatidine) Pepcid AC & Complete (famotidine) Prevacid OTC (lansoprazole) Prilosec OTC (omeprazole OTC)	 Tagamet (cimetidine) Zantac 360° (famotidine) Zegerid OTC (omeprazole/sodium bicarbonate) 	You would pay: \$10 Copay
	Allergy Medications	
If you take: • Flonase Nasal Inhaler • Nasacort AQ • Nasonex Nasal Inhaler	Rhinocort Aqua Nasal InhalerVeramyst Nasal InhalerXyzal	You are currently paying: \$80 Copay
If you change to: • Alavert (loratadine) • Alavert-D (loratadine-D) • Allegra (fexofenadine) • Allegra-D (fexofenadine-D) • Benadryl (diphenhydramine) • Claritin (loratadine)	 Claritin-D (loratadine-D) Nasacort Allergy 24 HR Rhinocort Allergy Spray Zyrtec (cetirizine) Zyrtec-D (cetirizine-D) 	You would pay: \$10 Copay



Patient Protection & Affordable Care Act (PPACA) Formulary

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List of Preventive Care Drugs - Covered for \$0.00 copayment

With preventive care services under the Affordable Care Act, several therapeutic classes of medications must have therapies available to members without any member cost-share. In short, the following list of medications are available to members for a \$0 copayment. If a member opts to use a medication within these therapy classes and the medication is NOT listed below, the member will have a cost-share based on the plan design (Brand Copay on Alternative). However, in the case of the contraceptives, this list is merely a guide and not all-inclusive. Members are encouraged to speak to their providers regarding the treatment that best fits their needs.

Rx Name	Drug Type
Antivirals (\$0.00	Copay)
emtricitabine-tenofovir disoproxil fumarate (subject to clinical protocols)	Generic
Contraceptives - Oral	(\$0.00 Copay)
apri	Generic
aranelle	Generic
aviane	Generic
azurette	Generic
balziva	Generic
camila	Generic
caziant	Generic
cesia	Generic
cryselle-28	Generic
enpresse-28	Generic
errin	Generic
gianvi	Generic
gildess FE 1/20	Generic
gildess FE 1.5/30	Generic
heather	Generic
jolivette	Generic
jolessa	Generic
junel 1/20	Generic
junel FE 1/20	Generic
junel 1.5/30	Generic
junel FE 1.5/30	Generic
kariva	Generic
kelnor 1/30	Generic
leena	Generic
levora	Generic
low-orgestrel	Generic
lutera	Generic
microgestin 1/20	Generic
microgestin 1.5/30	Generic
microgestin FE	Generic
microgestin FE 1.5/30	Generic
mononessa	Generic
necon 0.5/35-28	Generic

Rx Name	Drug Type			
Contraceptives - Oral (\$0.00 Copay)				
necon 1/35-28	Generic			
necon 1/50-28	Generic			
necon 10/11-28	Generic			
necon 7/7/7	Generic			
nora-BE	Generic			
norinyl	Generic			
nortrel 0.5/35 (28)	Generic			
nortrel 1/35 (21)	Generic			
nortrel 1/35 (28)	Generic			
nortrel 7/7/7	Generic			
ocella	Generic			
ogestrel	Generic			
orsythia	Generic			
portia	Generic			
quasense	Generic			
reclipsen	Generic			
solia	Generic			
sprintec-28	Generic			
sronyx	Generic			
tilia FE	Generic			
tri-legest FE	Generic			
trinessa	Generic			
tri-sprintec	Generic			
tri-lo-sprintec	Generic			
trivora-28	Generic			
velivet	Generic			
zenchent	Generic			
zenchent FE	Generic			
zovia 1/35E	Generic			
zovia 1/50E	Generic			
Contraceptives - Patch (\$0.00 Copa	y)			
Ortho Evra	Brand			
Contraceptives - Ring (\$0.00 Copay)				
Nuvaring	Brand			



Patient Protection & Affordable Care Act (PPACA) Formulary

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Rx Name	Drug Type	
Contraceptives - Diaphragm (\$0.00 Copay)		
Femcap	Brand	
Ortho All Flex	Brand	
Ortho-Diaphragm	Brand	
Contraceptives - Emergency (\$0.00 Cop	pay)	
levonorgestrel, next choice	Generic	
Contraceptives - Implantable (\$0.00 Co	рау)	
Paraguard	Brand	
Nexplanon	Brand	
Contraceptives - Injectable (\$0.00 Cop	ay)	
medroxyprogesterone	Generic	
Smoking Cessation - Oral (\$0.00 Copa	ıy)	
bupropion SR 150 (Zyban)	Generic	
Chantix Starting Pack	Brand	
Chantix Continuing Pack	Brand	
Smoking Cessation - Inhaler (\$0.00 Cop	pay)	
Nicotrol	Brand	
Smoking Cessation - Gum (\$0.00 Copa	ay)	
Nicotine Gum	OTC	
Smoking Cessation - Lozenge (\$0.00 Co	pay)	
Nicotine Lozenge	ОТС	
Smoking Cessation - Patch (\$0.00 Cop	ay)	
Nicotine Patch	ОТС	

Rx Name	Drug Type	
Statins (\$0.00 Copay, Men & Women Age 40-75)		
atorvastatin 10mg, 20mg	Generic	
fluvastatin 20mg, 40mg	Generic	
fluvastatin ER 80 mg	Generic	
lovastatin 10mg, 20mg, 40mg	Generic	
pravastatin 10mg, 20mg, 40mg, 80mg	Generic	
rosuvastatin 5mg, 10mg	Generic	
simvastatin 5mg, 10mg, 20mg, 40mg	Generic	
Preventive Medications (\$0.00 Copay	')	
aspirin 81mg (males 45-79 yrs, females 55-79 yrs)	Generic	
folic acid .4mg8mg (females 18-45 yrs)	Generic	
iron supplement (6mos - 1yr)	Generic	
oral fluoride (under 5yrs old)	Generic	
vitamin D (65 years or older)	Generic	
tamoxifen	Generic	
Bowel Prep Agents (Men & Women Age 5	0-75)	
gavilyte	Generic	
gavilyte N/flavor pack	Generic	
gavilyte-G	Generic	
PEG 3350/electrolytes	Generic	
PEG 3350NACL/NA	Generic	
bicarbonate/KCL	Generic	

Generic



trilyte

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Commit to Quit

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In an effort to support the wellness of our employees, we are pleased to announce that we are offering a Smoking Cessation program! The smoking cessation benefits will include the following:

Both over the counter (OTC) medications and prescription medications are covered!

SAMPLE OF OVER-THE-COUNTER (OTC) MEDICATIONS INCLUDED:			
Commit 2mg Lozenges	\$0	 Nicotine 21/24 Hr. TD Patch 	\$0
Commit 4mg Lozenges	\$0	• Nicotine Polacrilex 2mg (Nicotine Gum)	\$0
• Nicotine 7/24 Hr. TD Patch	\$0	• Nicotine Polacrilex 4mg (Nicotine Gum)	\$0
• Nicotine 14/24 Hr. TD Patch	\$0		

SAMPLE OF PRESCRIPTION MEDICATIONS INCLUDED:			
• bupropion hcl 150mg SA	\$0	Nicotine Cartridge Inhaler	\$0
Chantix Continuing Pack	\$0	Nicotine Nasal Inhaler	\$0
Chantix Starting Pack	\$0		

Talk to your physician about which treatment may be right for you!

How to Use the Smoking Cessation Program:

- 1. Talk to your doctor about which anti-smoking treatment may be right for you.
- 2. Obtain a prescription for either the over the counter (OTC) medication or the prescription strength medication.
- 3. Present that prescription to the pharmacist.
- 4. Pharmacist will bill the prescription to EHIM.
- 5. You will receive the medication for a \$0.00 copay.



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Prescriptions that deliver in every way.

Alliance Rx Walgreens Prime

As a member of EHIM, you are eligible to enroll in Alliance Rx Walgreens Prime, offering you convenient delivery of your ongoing maintenance medications from Walgreens to the location of your choice.

It's easy to register and order prescriptions, just have the following ready:

- Member ID Number (Located on ID Card)
- Group Number
- Payment Information

Select the option that works for you and follow the steps to get started.

	Online	Fax	Mail	Phone
REGISTER	Register or Sign In at Walgreens.com/ MailService. Follow the prompts to complete enrollment.	Not available	Send completed Registration and Prescription Order Form to: Alliance Rx Walgreens Prime P.O. Box 29061 Phoenix, AZ 85038	Call 800-345-1985 and ask to be registered for Walgreens mail service. Please have your insurance information handy.
ORDER your first prescription.	Ask your doctor if he or she can prescribe your medications electronically. If he or she is unable, select an alternative option.	Have your doctor complete and fax the Prescriber Fax Form to: 800-332-9581*	Send completed Registration and Prescription Order Form along with your original prescription to: Alliance Rx Walgreens Prime P.O. Box 29061 Phoenix, AZ 85038	Call 800-345-1985 and request that Walgreens reach out to your doctor for a new prescription. [†]
REFILL [‡]	Prescriptions eligible for refills are listed in your member profile at Walgreens.com/ MailService.	Not available	Send completed Preprinted Refill Order Form enclosed with your last order to: Alliance Rx Walgreens Prime P.O. Box 29061 Phoenix, AZ 85038	Call 800-345-1985 and select "refill a prescription" or ask to speak with a customer service representative.

^{*}By law, prescriber fax forms and e-prescriptions are valid only if sent from a prescriber's office.

¹You will need to provide your doctor's contact information as well as the name and dosage of your medication. Walgreens will notify you if your doctor doesn't respond.

[‡]To automatically receive refills of your medications, select the "Auto Refill" option in your online profile or on the Registration and Prescription Order Form.

Scripts that cannot be transferred and require a new written prescription include: expired prescriptions, no refills remaining, controlled substances & compound medications.





EHIM Pharmacy Call Center

800-311-3446

www.ehimrx.com



DENTAL INSURANCE

WHO IS ELIGIBLE AND WHEN:

Superintendent, Administrators, Supervisors, Admin Office Support, Teachers, Secretaries, Custodians

BENEFITS YOU RECEIVE:

See attached Benefit Summary

EMPLOYEE PAYS:

Refer to your employment contract or bargained agreement

EMPLOYER PAYS:

Refer to your employment contract or bargained agreement



STOCKBRIDGE COMMUNITY SCHOOLS Dental Benefits Plan **Administrators**

Group #9898

The Plan-at-a-Glance	PPO Networks: ADN Dental Network, DenteMax
Maximum Benefits	Plan year July 1 through June 30
Annual Maximum Lifetime Maximum	\$1000 per eligible individual for covered class I, II and III services. \$1500 per eligible individual for covered class IV services
Class I Preventive Services – 100%	
Routine Oral Examinations Prophylaxis (Cleaning) Topical Application of Fluoride Space Maintainers Bitewing X-Rays Full-Mouth Series or Panoramic X-Rays All Other X-Rays	Twice per plan year Twice per plan year (includes Periodontal Maintenance) Twice per plan year to age 19 Once per area per lifetime, up to age 14 Once per plan year Once per 60 months
Class II Restorative Services – 90%	
Composite and Amalgam fillings Onlays and Crowns** Root Canal Therapy Periodontal Maintenance Periodontal Root Planing Periodontal Surgery Oral Surgery and Extractions General Anesthesia or IV Sedation Occlusal Guards Denture Repair and Adjustment Denture Reline or Rebase	Once per tooth surface per 24 months Once per permanent tooth per 60 months Twice per plan year following treatment (includes prophylaxes) Once per quadrant per 24 months Once per quadrant per 36 months Medical plan primary for certain procedures Medically necessary and with covered oral surgery Once per lifetime Once per 36 months, per arch
Class III Major Services – 90%	
Complete and Partial Removable Dentures Fixed Partial Dentures (Bridges) Addition of Teeth to Partial Dentures Endosteal Implants	Once per arch per 60 months Once per area per 60 months Once per permanent tooth per 60 months
Class IV Orthodontic Services – 90%	
Limited and Interceptive Treatment Comprehensive Treatment	Removable and Fixed Appliance Therapy, up to age 19 Fixed Appliance Therapy, up to age 19
Not Covered	

Eposteal and Transosteal Implants Sealants

Deductible - None

TMJ/TMD Treatment

Cosmetic Treatment

Missing Tooth Clause - None 12 Month Billing Limitation

Waiting Periods - None COB – Standard

**Porcelain and ceramic not covered for posterior teeth, alternate benefit applies

**Prosthetics are considered on delivery date

^{**}Note - Quotes of benefits do not constitute a guarantee of payment. Covered benefits may have limitations or exclusions affecting plan payment. Refer to plan booklet for additional coverage details and limitation. Predetermination is strongly encouraged for all non-emergency dental treatment exceeding \$200.00 in charges. The treatment plan should be submitted to ADN prior to beginning any treatment.



STOCKBRIDGE COMMUNITY SCHOOLS Dental Benefits Plan **Custodians**

Group #9898

The Plan-at-a-Glance	PPO Networks: ADN Dental Network, DenteMax
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Maximum Benefits	Plan year October 1 through September 30
Annual Maximum	\$800 per eligible individual for covered class I, II and III services.
Lifetime Maximum	\$800 per eligible individual for covered class IV services
TMJ Lifetime Maximum	\$500 per eligible individual for covered TMJ services
Class I Preventive Services – 80%	

Class I Preventive Services – 80%

Twice per plan year Routine Oral Examinations Prophylaxis (Cleaning) Twice per plan year

Topical Application of Fluoride Once per plan year to age 18

Sealants Once per 24 months; permanent molars to age 14

Bitewing X-Rays Twice per plan year Full-Mouth Series or Panoramic X-Rays Once per 36 months All Other X-Rays

Space Maintainers Once per area per lifetime, up to age 19

Class II Restorative Services – 80%

Composite and Amalgam fillings**

Root Canal Therapy

Periodontal Maintenance Twice per plan year following treatment Periodontal Root Planing Once per quadrant per 24 months Periodontal Surgery Once per quadrant per 24 months

Oral Surgery and Extractions Medical plan primary for certain procedures General Anesthesia or IV Sedation Medically necessary and with covered oral surgery

Once per 24 months Occlusal Guards

Class III Major Services - 80%

Inlays, Onlays and Crowns** Complete and Partial Removable Dentures Fixed Partial Dentures (Bridges)

Denture Repair and Adjustment Denture Reline or Rebase Addition of Teeth to Partial Dentures Once per permanent tooth per 60 months

Once per arch per 60 months Once per area per 60 months

Once per 24 months, per arch

Class IV Orthodontic Services - 50%

Limited and Interceptive Treatment Removable and Fixed Appliance Therapy, up to age 19 Fixed Appliance Therapy, up to age 19 Comprehensive Treatment

Not Covered

Cosmetic Treatment **Implants**

Deductible - None

Missing Tooth Clause - None 12 Month Billing Limitation

Waiting Periods - None

**Prosthetics are considered on delivery date COB - Standard

^{**}Composite, porcelain and ceramic not covered for posterior teeth, alternate benefit applies

^{**}Note - Quotes of benefits do not constitute a guarantee of payment. Covered benefits may have limitations or exclusions affecting plan payment. Refer to plan booklet for additional coverage details and limitation. Predetermination is strongly encouraged for all non-emergency dental treatment exceeding \$200.00 in charges. The treatment plan should be submitted to ADN prior to beginning any treatment.



STOCKBRIDGE COMMUNITY SCHOOLS Dental Benefits Plan Policy

Group #9898

The Plan-at-a-Glance	PPO Networks: ADN Dental Network, DenteMax
Maximum Benefits	Plan year July 1 through June 30
Annual Maximum Lifetime Maximum	\$1000 per eligible individual for covered class I, II and III services. \$1500 per eligible individual for covered class IV services
Class I Preventive Services – 100%	
Routine Oral Examinations Prophylaxis (Cleaning) Topical Application of Fluoride Space Maintainers	Twice per plan year Twice per plan year (includes Periodontal Maintenance) Twice per plan year to age 19 Once per area per lifetime, up to age 14
Class II Restorative Services – 90%	
Bitewing X-Rays Full-Mouth Series or Panoramic X-Rays All Other X-Rays	Once per plan year Once per 60 months
Composite and Amalgam fillings Onlays and Crowns** Root Canal Therapy	Once per tooth surface per 24 months Once per permanent tooth per 60 months
Periodontal Maintenance Periodontal Root Planing Periodontal Surgery	Twice per plan year following treatment (includes prophylaxes) Once per quadrant per 24 months Once per quadrant per 36 months
Oral Surgery and Extractions General Anesthesia or IV Sedation Occlusal Guards	Medical plan primary for certain procedures Medically necessary and with covered oral surgery Once per lifetime
Denture Repair and Adjustment Denture Reline or Rebase	Once per 36 months, per arch
Class III Major Services – 90%	
Complete and Partial Removable Dentures Fixed Partial Dentures (Bridges) Addition of Teeth to Partial Dentures	Once per arch per 60 months Once per area per 60 months
Endosteal Implants	Once per permanent tooth per 60 months
Class IV Orthodontic Services – 90%	
Limited and Interceptive Treatment Comprehensive Treatment	Removable and Fixed Appliance Therapy, up to age 19 Fixed Appliance Therapy, up to age 19
Not Covered	
Sealants Enosteal and Transosteal Impl	lants TM I/TMD Treatment Cosmetic Treatment

Sealants Eposteal and Transosteal Implants TMJ/TMD Treatment Cosmetic Treatment

Deductible - None

Missing Tooth Clause – None 12 Month Billing Limitation

Waiting Periods – None **Porcelain and ceramic not covered for posterior teeth, alternate benefit applies

COB – Standard **Prosthetics are considered on delivery date

^{**}Note – Quotes of benefits do not constitute a guarantee of payment. Covered benefits may have limitations or exclusions affecting plan payment. Refer to plan booklet for additional coverage details and limitation. Predetermination is strongly encouraged for all non-emergency dental treatment exceeding \$200.00 in charges. The treatment plan should be submitted to ADN prior to beginning any treatment.



The Plan-at-a-Glance

STOCKBRIDGE COMMUNITY SCHOOLS Dental Benefits Plan **Teachers and Secretaries**

Group #9898

Maximum Benefits	Plan year October 1 through September 30	
Annual Maximum Lifetime Maximum	\$1000 per eligible individual for covered class I, II and III services. \$1500 per eligible individual for covered class IV services	
Class I Preventive Services – 100%		
Routine Oral Examinations Prophylaxis (Cleaning) Topical Application of Fluoride Space Maintainers	Twice per plan year Twice per plan year (includes Periodontal Maintenance) Twice per plan year to age 19 Once per area per lifetime, up to age 14	
Class II Restorative Services – 90%		
Bitewing X-Rays Full-Mouth Series or Panoramic X-Rays All Other X-Rays	Once per plan year Once per 60 months	
Composite and Amalgam fillings Onlays and Crowns** Root Canal Therapy	Once per tooth surface per 24 months Once per permanent tooth per 60 months	
Periodontal Maintenance Periodontal Root Planing Periodontal Surgery	Twice per plan year following treatment (includes prophylaxes) Once per quadrant per 24 months Once per quadrant per 36 months	
Oral Surgery and Extractions General Anesthesia or IV Sedation Occlusal Guards	Medical plan primary for certain procedures Medically necessary and with covered oral surgery Once per lifetime	
Denture Repair and Adjustment Denture Reline or Rebase	Once per 36 months, per arch	

Class III Major Services – 90%	6
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Complete and Partial Removable Dentures Fixed Partial Dentures (Bridges) Addition of Teeth to Partial Dentures **Endosteal Implants**

Once per arch per 60 months Once per area per 60 months

Once per permanent tooth per 60 months

Class IV Orthodontic Services - 90%

Limited and Interceptive Treatment Comprehensive Treatment

Removable and Fixed Appliance Therapy, up to age 19 Fixed Appliance Therapy, up to age 19

PPO Networks: ADN Dental Network, DenteMax

Not Covered

Eposteal and Transosteal Implants Sealants

TMJ/TMD Treatment

Cosmetic Treatment

Deductible - None

Missing Tooth Clause - None 12 Month Billing Limitation

Waiting Periods - None COB – Standard

**Porcelain and ceramic not covered for posterior teeth, alternate benefit applies

**Prosthetics are considered on delivery date

^{**}Note – Quotes of benefits do not constitute a guarantee of payment. Covered benefits may have limitations or exclusions affecting plan payment. Refer to plan booklet for additional coverage details and limitation. Predetermination is strongly encouraged for all non-emergency dental treatment exceeding \$200.00 in charges. The treatment plan should be submitted to ADN prior to beginning any treatment.



VISION INSURANCE

WHO IS ELIGIBLE AND WHEN:

Superintendent, Administrators, Supervisors, Admin Office Support, Teachers, Secretaries, Custodians

BENEFITS YOU RECEIVE:

See attached Benefit Summary

EMPLOYEE PAYS:

Refer to your employment contract or bargained agreement

EMPLOYER PAYS:

Refer to your employment contract or bargained agreement



STOCKBRIDGE COMMUNITY SCHOOLS - Vision Benefits Plan Group # 9898 Administrators and Policy

The Plan-at-a-Glance

Benefit Year - July 1 through June 30

Vision Examination

Covered at 100% of Reasonable & Customary (R&C)

Spectacle Lenses (Pair):

Single Vision Covered at 100% of R&C
Bifocal According to Limits & Exclusions
Trifocal

Lenticular

Frames Covered Up to \$65

Contact Lenses (Pair)

Cosmetic/Elective (Includes Vision Exam and Fitting)

Medically Necessary

Covered Up to \$115

Covered at 100% of R&C

Extra Lens Features – Tinted, Photochromic (Transition), Polycarbonate, Polarized, Oversize and Blended Lenses, Rimless Drill

Limits & Exclusions

- 1. Plan participants are limited to one vision examination during a benefit year
- 2. Plan participants are limited to one pair of corrective spectacle lenses and one frame during a benefit year
- 3. Plan participants may choose between eyeglasses or contact lenses, but not both

No Payments will be made for the following:

- 1. Non-corrective eyeglass or contact lenses
- 2. Vision therapy or subnormal vision aids
- 3. Medical or surgical treatment of the eyes
- **4.** Replacement of lost or broken lenses or frames if benefits applicable to the replacement were previously provided during the benefit year
- **5.** Charges with respect to which benefits are provided under any Workers' Compensation or similar law
- **6.** Vision examination, lenses or frames which would have been furnished without cost in the absence of this insurance or for which an insured person has no legal obligation to pay
- 7. The cost of frames that exceeds the plan allowance
- 8. Extra charges for any lens treatments and coatings not listed under Extra Lens Features
- 9. The additional cost of progressive lenses
- **10.** Charges for contact lenses, including the exam, prescription and fitting fee, that exceed the one-time annual plan allowance

Note: For each benefit year, covered charges for contact lenses are in lieu of all other covered charges for each insured person.



STOCKBRIDGE COMMUNITY SCHOOLS - Vision Benefits Plan Group # 9898 Custodians

<u>The Plan-at-a-Glance</u> Benefit Year – October 1 through September 30

Vision Examination Covered at 100% of Reasonable & Customary (R&C)

Following \$5.00 Copay

Spectacle Lenses (Pair):

Single Vision Covered at 100% of R&C

Bifocal Following \$7.50 Combined Copay for Lenses and Frames
Trifocal According to Limits & Exclusions

Lenticular

Frames Covered at 100% of R&C

Following \$7.50 Combined Copay for Frames and Lenses

Contact Lenses (Pair) Covered Up to \$80

Extra Lens Features – Rose Tint 1 and 2

Limits & Exclusions

- 1. Plan participants are limited to one vision examination during a benefit year
- 2. Plan participants are limited to one pair of corrective spectacle lenses and one frame during a benefit year
- 3. Plan participants may choose between eyeglasses or contact lenses, but not both

No Payments will be made for the following:

- 1. Non-corrective eyeglass or contact lenses
- 2. Vision therapy or subnormal vision aids
- 3. Medical or surgical treatment of the eyes
- **4.** Replacement of lost or broken lenses or frames if benefits applicable to the replacement were previously provided during the benefit year
- **5.** Charges with respect to which benefits are provided under any Workers' Compensation or similar law
- **6.** Vision examination, lenses or frames which would have been furnished without cost in the absence of this insurance or for which an insured person has no legal obligation to pay
- 7. The cost of frames that exceeds the plan allowance
- 8. Extra charges for any lens treatments and coatings not listed under Extra Lens Features.
- 9. The additional cost of progressive lenses
- **10.** Charges for contact lenses, including the prescription and fitting fee, that exceed the one-time annual plan allowance

Note: For each benefit year, covered charges for contact lenses are in lieu of all other covered charges for each insured person.



STOCKBRIDGE COMMUNITY SCHOOLS - Vision Benefits Plan

Group # 9898

Teachers & Secretaries A

<u>The Plan-at-a-Glance</u> Benefit Year – October 1 through September 30

Vision Examination Covered at 100% of Reasonable & Customary (R&C)

Following \$6.50 Copay

Spectacle Lenses (Pair):

Single Vision Covered at 100% of R&C

Bifocal Following \$18 Combined Deductible for Lenses and Frames

Trifocal According to Limits & Exclusions

Lenticular

Frames Covered Up to \$65

Following \$18 Combined Deductible for Frames and Lenses

Contact Lenses (Pair)

Cosmetic/Elective (Includes Vision Exam and Fitting)

Covered Up to \$90

Medically Necessary Covered at 100% of R&C

Extra Lens Features – Tinted, Photochromic (Transition), Polycarbonate, Polarized, Oversize and Blended Lenses, Rimless Drill

Limits & Exclusions

- 1. Plan participants are limited to one vision examination during a benefit year
- 2. Plan participants are limited to one pair of corrective spectacle lenses and one frame during a benefit year
- 3. Plan participants may choose between eyeglasses or contact lenses, but not both

No Payments will be made for the following:

- 1. Non-corrective eveglass or contact lenses
- 2. Vision therapy or subnormal vision aids
- 3. Medical or surgical treatment of the eyes
- **4.** Replacement of lost or broken lenses or frames if benefits applicable to the replacement were previously provided during the benefit year
- 5. Charges with respect to which benefits are provided under any Workers' Compensation or similar law
- **6.** Vision examination, lenses or frames which would have been furnished without cost in the absence of this insurance or for which an insured person has no legal obligation to pay
- 7. The cost of frames that exceeds the plan allowance
- 8. Extra charges for any lens treatments and coatings not listed under Extra Lens Features
- **9.** The additional cost of progressive lenses
- **10.** Charges for contact lenses, including the exam, prescription and fitting fee, that exceed the one-time annual plan allowance

Note: For each benefit year, covered charges for contact lenses are in lieu of all other covered charges for each insured person.



STOCKBRIDGE COMMUNITY SCHOOLS - Vision Benefits Plan

Group # 9898

Teachers & Secretaries B

The Plan-at-a-Glance

Benefit Year – October 1 through September 30

Vision Examination

Covered at 100% of Reasonable & Customary (R&C)

Spectacle Lenses (Pair):

Single Vision Bifocal

Covered at 100% of R&C According to Limits & Exclusions

Trifocal

Lenticular

Frames

Covered Up to \$65

Covered Up to \$115

Contact Lenses (Pair)

Cosmetic/Elective (Includes Vision Exam and Fitting)

Covered at 100% of R&C

Medically Necessary

Extra Lens Features – Tinted, Photochromic (Transition), Polycarbonate, Polarized, Oversize and Blended Lenses. Rimless Drill

Limits & Exclusions

- 1. Plan participants are limited to one vision examination during a benefit year
- 2. Plan participants are limited to one pair of corrective spectacle lenses and one frame during a benefit year
- 3. Plan participants may choose between eyeglasses or contact lenses, but not both

No Payments will be made for the following:

- 1. Non-corrective eyeglass or contact lenses
- 2. Vision therapy or subnormal vision aids
- 3. Medical or surgical treatment of the eyes
- 4. Replacement of lost or broken lenses or frames if benefits applicable to the replacement were previously provided during the benefit year
- 5. Charges with respect to which benefits are provided under any Workers' Compensation or similar law
- 6. Vision examination, lenses or frames which would have been furnished without cost in the absence of this insurance or for which an insured person has no legal obligation to
- 7. The cost of frames that exceeds the plan allowance
- 8. Extra charges for any lens treatments and coatings not listed under Extra Lens Features
- **9.** The additional cost of progressive lenses
- 10. Charges for contact lenses, including the exam, prescription and fitting fee, that exceed the one-time annual plan allowance

Note: For each benefit year, covered charges for contact lenses are in lieu of all other covered charges for each insured person.



DISABILITY INSURANCE

WHO IS ELIGIBLE AND WHEN:

Classes 01-02, 05: First day of Active Work

Class 03: First day of Active Work if hired during the school year; 9/1 if hired during the summer

Class 04: First day of Active Work if hired from 10/1 through the end of the school year; 10/1 if hired after the

end of the school year, but before 10/1

Class 06: First day of Active Work if hired during the school year, September 1 if hired during the summer

BENEFITS YOU RECEIVE:

Class	Class Title and Eligibility (Minimum Hour Requirement)	Maximum Annual Covered Salary / Maximum Monthly Benefit	Benefit	Elimination Period
01	Superintendent (40 hours per week)	\$170,000 / \$8,500	60%	Modified fill
02	Administrators, Supervisors and Administration Office Support (40 hours per week)	\$99,996 / \$5,000	60%	Modified fill
03	Teachers (33.75 hours per week)	\$50,004 / \$2,500	60%	Modified fill
04	Support Staff (40 hours per week)	\$50,004 / \$2,500	60%	Modified fill
05	Grandfathered Employees working a minimum of 20 hours per week (20 hours per week)	\$50,004 / \$2,500	60%	Modified fill
06	Part-Time Teacher & Part-Time Administrator (33.75 hours per week)	\$99,996 / \$5,000	60%	Modified fill

EMPLOYEE PAYS:

10%

EMPLOYER PAYS:

90%



LIFE INSURANCE

WHO IS ELIGIBLE AND WHEN:

Classes 01-02: First day of Active Work if hired during the school year; 9/1 if hired during the summer

Classes 03-04, 06, 09, 11: First Day of Active Work

Classes 07-08: First day of Active Work if hired from 10/1 through the end of the school year; 10/1 if hired after the end of the school

year, but before 10/1

Class 10: 60 calendar days after initial hire date

Class 12: First Day of Active Work if hired during the school year, 9/1 if hired during the summer

BENEFITS YOU RECEIVE:

Class	Class Title and Eligibility (Minimum Hour Requirement)	Basic Life and AD&D	
01	Teachers with Medical (33.75 hours per week)	\$25,000	
02	Teachers without Medical (33.75 hours per week)	\$35,000	
03	Superintendent (40 hours per week)	2 x Annual Salary to a maximum of \$200,000	
04	Administrators & Department Heads (40 hours per week)	\$55,000	
06	Administration Office Support (40 hours per week)	\$40,000	
07	Support Staff with Medical (40 hours per week)	\$25,000	
08	Support Staff without Medical (40 hours per week)	\$35,000	
09	Grandfathered Employees working a minimum of 20 hours per week (20 hours per week)	\$25,000	
10	Custodians (40 hours per week)	\$20,000	
11	Maintenance Director (40 hours per week)	\$35,000	
12	Part-Time Teacher & Part-Time Administrator (33.75 hours per week)	\$55,000	

EMPLOYEE PAYS:

Classes 01-04, 06-09, 11-12: 10%

Class 10: 20%

EMPLOYER PAYS:

Classes 01-04, 06-09, 11-12: 90%

Class 10: 80%



FLEXIBLE SPENDING ACCOUNT

WHO IS ELIGIBLE AND WHEN:

All employees

BENEFITS YOU RECEIVE:

Flexible spending accounts (FSAs) provide you with an important tax advantage that can help you pay for health care and dependent care expenses on a pre-tax basis. By estimating your family's health care and dependent care costs for the next year, you can lower your taxable income and save money.

HEALTH CARE REIMBURSEMENT FSA

This program lets 's employees pay for certain IRS-approved medical care expenses with a prescription not covered by their insurance plan with pre-tax dollars. The current limit on salary reduction contributions to a health FSA offered under a cafeteria plan is \$3,050 and is applicable to both grandfathered and non-grandfathered health FSAs. This limit is indexed for cost-of-living adjustments in subsequent years. Some examples of eligible expenses include:

- Hearing services, including hearing aids and batteries
- Vision services, including contact lenses, contact lens solution, eye examinations and eyeglasses
- Dental services and orthodontia
- Chiropractic services
- Acupuncture
- Prescription contraceptives

DEPENDENT CARE FSA

The Dependent Care FSA lets 's employees use pre-tax dollars toward qualified dependent care such as caring for children under the age 13 or caring for elders. The annual maximum amount you may contribute to the Dependent Care FSA is \$5,000 (or \$2,500 if married and filing separately) per calendar year. Examples include:

- The cost of child or adult dependent care
- The cost for an individual to provide care either in or out of your house
- Nursery schools and preschools (excluding kindergarten)



EMPLOYEE ASSISTANCE PROGRAM

WHO IS ELIGIBLE AND WHEN:

All employees covered under group life insurance with Madison National Life

BENEFITS YOU RECEIVE:

When you are dealing with personal situations, it can be difficult to be your best at work or at home. That's why Stockbridge Community Schools offers the Employee Assistance Program (EAP) administrated by LifeWorks. The EAP gives you a place to turn for support any time of the day, or night, and 365 days a year. Support is available for whatever issues employees might be facing, including depression, marriage and relationships, legal issues, child/elder care challenges, parenting issues, financial concerns, grief management or substance abuse.

You can contact our FREE Employee Assistance Program toll-free at 866-451-5465, or you can visit the website at www.niseap.com.

EMPLOYEE PAYS:

0%

EMPLOYER PAYS:

100%





The EAP Program

Everyday life can be stressful and can affect your health, well-being, and performance. Fortunately, our Employee Assistance Program can aid in finding solutions. When facing personal problems, you might struggle with where to turn for help. The first step is usually the hardest, and guidance is often the key. That's why National Insurance Services (NIS) offers an Employee Assistance Program (EAP). An EAP offers a confidential place to find the answers that work for you.

Your EAP Service Provider

TELUS Health is a leader in the field of Employee Assistance and has been providing employee assistance services for over 40 years. TELUS Health has the experience to provide the broad range of services and guidance that is paramount to an EAP – whether it's help with day-to-day concerns or guidance through a challenging crisis. The information you discuss through the EAP is kept confidential in accordance with federal and state laws.

The EAP Process

When you access the EAP, TELUS Health counselors listen and take

action toward finding solutions. The next step may include meeting with a mental health counselor for up to three face-to-face visits, negotiating health insurance benefits, or referrals to community resources for legal and financial services.

Referrals and Resources

You can receive information and a listing of childcare and eldercare resources with confirmed vacancies meeting your specifications. If faceto-face mental health counseling sessions are required, TELUS Health counselors will refer you for counseling at a location that is convenient to your home or work. TELUS Health counselors can also refer you to self-help groups such as Alcoholics Anonymous or Gamblers Anonymous and community financial and legal resources for debt management.

Claimant Assist

NIS's Claimant Assist program offers special services to Long Term
Disability claimants or Life Insurance beneficiaries at no charge. If you have Disability insurance coverage through NIS, our Long Term
Disability Claimant Services are available to guide and counsel claimants and their immediate family

Under our EAP you can receive no-cost, confidential help for a wide variety of needs and concerns:

- Alcohol or Drug Addictions
- Anxiety
- Childcare
- Depression
- Eating Disorders
- Eldercare
- Family Conflict
- Financial or Legal Concerns
- Marital Difficulties
- Parenting Concerns
- Problem Gambling
- Relationship Problems
- Stress Management

EAP Services Are Available to You Two Ways:

Phone: 866.451.5465

Online: www.niseap.com Login: NISEAP | Password: EAP (Note: Password Is Case-Sensitive)

Claimant Assist Services Are Available: 866.472.2734

(over)



members. If you have Life insurance coverage through NIS, our Beneficiary Services Program provides counseling and assistance to beneficiaries when faced with the challenge of coping with loss.

Virtual Fitness

You have access to a virtual fitness platform through the EAP. LIFT session, one of the leading fitness providers, provides you with an easily accessible, effective and affordable way to reach your fitness goals anytime, anywhere for better health and well-being.

You can work out on your own with personalized programs and access coaches if you have questions, or choose to work under the live supervision of a coach online, in 1-1 personal or group sessions.

Access to Masters-Degreed Counselors 24-Hours a Day Through a Toll-Free Number

Up to three in-person assessment and counseling sessions.

- **Legal Assistance:** Counselors may refer you to a telephone and/or one in-person consultation with an attorney.
- **Financial Assistance:** Telephone consultation with a financial consultant to address questions on budgeting, taxes, and debt consolidation.
- Eldercare Assistance: Our specialists can help you locate eldercare options, such as residential care or in home care, provide support in dealing with the emotions of retirement, or legal aspects like estate planning. Use our website to find resources on retirement, from financial planning and calculators, to articles on coping with retirement stress, and filing your retirement days with meaningful activities.
- **Childcare Assistance:** Telephone consultation with a work-life professional to provide information, referrals, and resources related to childcare concerns.
- **Memorial Planning Assistance:** Telephone consultation with a work-life specialist to assist with memorial and funeral planning. Services include identifying potential locations, associated costs for services, and providing information to help coordinate logistics (Available to Life insurance beneficiaries only).

Your EAP and Claimant Assist Administrator:



134 North LaSalle Street, Suite 2200 Chicago, IL 60602

Telephone Assistance:

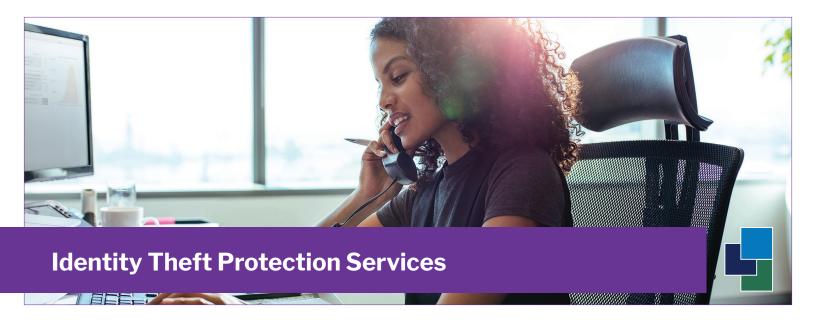
EAP: 866.451.5465 Claimant Assist: 866.472.2734

Online:

www.niseap.com | Login: NISEAP | Password: EAP (Note: Password Is Case-Sensitive)

*The EAP is for use by the covered employee only. While issues may concern family members, all contacts to the EAP must be made by the employee.





In 2022, identity theft impacted at least 422 million individuals.¹ If you are a victim, the IDX Identity Theft Recovery specialists will provide concierge-style service every step of the way. Their expertise will save valuable time during this stressful process.

Your dedicated recovery specialist will work with you until the identity is restored to pre-fraud status. Support may include:

- Assistance with investigation of the suspected identity theft
- Guidance through the recovery process
- Recovery for all 9 types of identity theft
- Advice from trained professionals in identity protection
- Single point-of-contact if you are a victim
- Assistance with notifying law enforcement or local government agencies
- · Limited Power of Attorney to work on the victim's behalf
- · Documentation including fraud affidavit
- And much more



https://app.idx.us/account-creation/NIS 855.205.6010

"It was great knowing I had someone to help me resolve my identity theft issues and I didn't have to spend hours trying to figure out how to handle it on my own" - IDX member, Needham, MA

¹ https://www.iii.org/fact-statistic/facts-statistics-identity-theft-and-cybercrime

Resolution services offered to you by your employer and:



Corporate Headquarters: 300 North Corporate Drive, Suite 300 Brookfield, WI 53045

Offices Nationwide: 800.627.3660 | www.NISBenefits.com



PO Box 5008, Madison, WI 53705

Identity theft assistance services are provided by IDX, which is not affiliated with Madison National Life Insurance Company, Inc. Services provided by IDX are not part of Madison National Life's insurance products, and Madison National Life is not responsible for any acts or omissions of IDX in connection with or arising under identify theft assistance services. Access to IDX program is conditioned upon your employer remaining a Madison National Life customer and the program terms and conditions. This program does not provide credit repair services or any form of legal advice.

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The information in this Benefits Summary is presented for illustrative purposes and is based on information provided by the employer. The text contained in this Summary was taken from various summary plan descriptions and benefit information. While every effort was taken to accurately report your benefits, discrepancies or errors are always possible. In case of discrepancy between the Benefits Summary and the actual plan documents, the actual plan documents will prevail. All information is confidential, pursuant to the Health Insurance Portability and Accountability Act of 1996. If you have any questions about this summary, contact HR.

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