

Section 1: General Information

School(s) included in the assessment:
Stockbridge Community Schools

Month and year of current assessment: October 2025

Date of last Local Wellness Policy revision: July 2021

Website address for the wellness policy and/or information on how the public can access a copy:
<https://go.boarddocs.com/mi/stockbridge/Board.nsf/Public#>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Annually

School Wellness Leader:

Name	Job Title	Email Address
Brian Friddle	Superintendent	friddleb@panthernet.net

School Wellness Committee Members:

[illegible]

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☒ X Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Compares to the Michigan Model:

*Healthy meals that meet or exceed the USDA's nutrition guidelines are available to all students

*Staff training that meets the USDA's Professional Standards guidelines

*Local produce is served and promoted

*School Hoop House provides education and local produce

*The district offers physical education opportunities to students k-12 and opportunities for staff

*Promote/ provide community involvement of physical activity

*Provide community resources focused on healthy nutrition and healthy habits at home

*Marketing only food and beverages that meet or exceed the USDA's Smart Snacks in School nutrition guidelines on campus during the school day

*Nutrition marketing

*Free drinking water is available during mealtimes and throughout the school day in many locations

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Stockbridge Community Schools

Date: October 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Extending local produce to elementary buildings	FFA expands variety and amount produced	2025-26 SY	Amount purchased	FSD and Bob Richards,	Food Service, FFA Teacher and Students	
Nutrition Education	Create cards with nutrition information to hand out with produce on menu or at taste tests	2026	Visual	FSD	Food Service Students	
Nutrition Education at elementary schools	Provide teachers with access to nutrition lessons	2025-26 SY	Monthly questionnaires Healthy School Action Tool	Meghan Kunzelman, Amy Hodgson, and teachers	Healthy School Champion, Principals, Teachers, and Students	
Elementary School-Wide Healthy Eating	Provide families with virtual Healthy@Home resources that promote healthy habits at home	2025-26 SY	Healthy School Action Tool	Meghan Kunzelman, Amy Hodgson, and Teachers	Community, Healthy School Champion, Principals, Staff, Teachers, and Students	

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Physical Education 7-12	The opportunity to gain skills, practice, and attitude. Teach cooperation and fair play	Beginning through end of each School Year	Knowledge, Attitude, Skills	Certified Teacher	Staff and Students	Yes
Physical Education Curriculum at elementary buildings that is supported by Building Healthy Communities	Work with Wayne State University "Building Healthy Communities" Provide PE curriculum that aligns with state standards	2025-26 SY	Monthly questionnaires Healthy School Action Tool	Principals, and PE Teacher	Schools Healthy School Champion, Principals, Teachers, and Students	
Physical activity breaks in the elementary classrooms	Work with Wayne State University "Building Healthy Communities" Teachers need access to physical activity modules that are appropriate for classroom	2025-26 SY	Monthly questionnaires. Healthy School Action Tool	Principals, Teachers	Schools Healthy School Champion, Principals, Teachers, and Students	

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Positive Behavioral Interventions and Supports (PBIS)	Teach and reinforce positive behavior rather than reacting to negative behavior	2024-2025 Continue 2025-26	Monitoring/visual/Grit cards	Principals	Principals, Teachers, Students, Staff, and Families	
Taste Testing Local Produce all Buildings	Promote, have signage, menu item	2025-26 SY	Participation	FSD	Food Service, Students	
Mental Health Promotion at elementary buildings that is supported by BHC	Teach students self-confidence, self-awareness, and self-regulation through social-emotional and mindfulness activities and resources	2025-26 SY	Monthly questionnaires Healthy School Action Tool	Principals and Teachers	Schools Healthy School Champion, Principals Teachers, Staff, Students, and Families	

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Healthier Snacks	Promote eating fresh produce, seeds, nuts through promotional materials sale of product	2026	visual and sales	FSD	Students, Food Service Staff	
Discontinue selling pop from cafeteria at JRSHS	More fruit & vegetable juices, flavored waters Taste Tests	2025/26 SY	Sales and visual	FSD	Students Food Service Staff	

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Encourage no sugary rewards in all buildings	Promote more dried fruits, seeds, crackers, granola bars	2027 SY	Checking in/visual	FSD, Teachers, Principal's	Teachers, Principals, and Students	

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Encourage Students and Staff to eat healthy snacks	Signs, Digital signage, and offer more healthy items to purchase in vending machines and cafeteria	2026	Visual	FSD	Food Service Department, Staff, and Students	