

Wellness Committee Agenda/Notes

January 16, 2019 4pm - Smith Elementary Conference Room			
Attendees: Brad Edwards, Rachel Jones, Stephanie White, Kary Gee			
Issue/Topic	Added By	Notes	Follow Through
Review current policy and last year's agenda items		Committee feels that we are still in a good place with our policy	
Healthy Snacks - \$7400 5 Healthy Town	BE	Smith program that ALL teachers participate in. Weekly healthy snacks provided. This is the 2nd year for the program at Smith.	
Great Kindness Challenge (SEL)	BE	All 3 buildings will be participating. One week checklist that students and staff go through to build a culture of kindness. January 28th-February 1st. https://thegreatkindnesschallenge.com/	
Sensory Hallway	BE	https://www.cbc.ca/player/play/1417953859625/ Tammy Fickies, OT at Smith has started a small version of this down the short hallway by the library. Already seeing students take advantage of this opportunity. Would like to increase the opportunities for students to use something like this.	Brad will reach out to 5 Healthy towns for possible funding opportunities
19/20 Lunch Prices	SW	Government shutdown. A typical slight increase each year. Possible change to 50% whole grain. Will know more in the Spring due to	Stephanie will send out communication to the committee on any changes in the Spring

		the shutdown. PLE tool - meal counts and lunch prices. Every year there will be at least a \$.05 increase.	
Surveys for HS	SW	Meal lunch's, what can we do to improve? Only one was returned. Stephanie reached out to that person for suggestions and if they would be interested in participating on an advisory committee.	
Spring meetings	BE	Next meeting: March 11, 2020	

2018 Wellness Committee Agenda/Notes

May 10, 2018

4:00 p.m.

1. Review Current Policy and last year's agenda items

The committee feels that we are in good shape

2. Annual meetings needed
 - a. Public notice
 - b. Board approved minutes
 - c. Public notice of assessment
3. Be Fit program - Stockbridge Wellness Center

- a. 5 Healthy Towns
- b. <https://www.stockbridgewellness.org/?s=Be+fit>

The committee will contact Amy to reach out to JR/SR High administrators to advertise the program in schools to boost participation. The average participation for the 8-week free program is roughly only two students.

4. Stephanie Review of food service audit
 - a. Special Dietary Needs Forms

Allergy pop ups were showing up on the computer system that was tied to PowerSchool. These same students did not have dietary needs form filled out. The forms must be filled out by parents or a doctor's note stating the allergy who are requiring the special preference during breakfast and lunch. Stephanie will include the forms as part of the welcome back packet at the beginning of the school year.

- b. Office-Homeless Liaison Declaration Form

Communication process for homeless paperwork to food service needs to be shored up. Stephanie filled out the necessary paperwork for corrective action.

- c. Edit Charging Guidelines

5. Raising Lunch Prices

Required by MDE to raise prices. Will take 31a money to offset the rise in price.

- Meeting Adjourned at 5:05 p.m.
- Next Meeting: January 16, 2019 at 4:00pm - Smith Elementary